

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Wielandt Pieter

Coaches: Van Breusegem Mathias

Coaches: Debrouwere Ise HEADCOACH

Coaches: Blom Dieter

Coaches: Mathys Jana

Coaches: Huberty Maren

Coaches: De Waele Lente

Coaches: De Noble Naomi

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:2, starttime: 14:02

Heat: 2/12 Lane : 2 Athlete: BOON MARGOT Q-time: 01:40:66

PB (25m pool): 01:40.66 Zottegem 01/03/2026 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:40.66	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:2, starttime: 14:02

Heat: 2/12 Lane : 7 Athlete: HERREGODS INE Q-time: 01:41:67

PB (25m pool): 01:41.67 Zottegem 01/03/2026 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.67	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+ Heat:5, starttime: 14:09

Heat: 5/12 Lane : 4 Athlete: RUTTEN LEONIE Q-time: 01:25:28

PB (25m pool): 01:25.28 Zottegem 01/03/2026 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.28	
	no time				
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:09
Heat: 5/12 Lane : 6 Athlete: BAELE NORAH					Q-time: 01:26:67
PB (25m pool): 01:26.67 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.67	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:09
Heat: 5/12 Lane : 7 Athlete: DE BIE LIZE					Q-time: 01:28:47
PB (25m pool): 01:28.47 WAREGEM 27/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.47	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:11
Heat: 6/12 Lane : 3 Athlete: NGABO ANNABELLE					Q-time: 01:23:24
PB (25m pool): 01:23.24 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.24	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:11
Heat: 6/12 Lane : 7 Athlete: SUY NORA					Q-time: 01:24:64
PB (25m pool): 01:24.64 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.64	
	no time				
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 14:13
Heat: 7/12 Lane : 4 Athlete: STORME IEME					Q-time: 01:19:54
PB (25m pool): 01:19.54 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.54	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 14:13
Heat: 7/12 Lane : 5 Athlete: STORME JADE					Q-time: 01:19:85
PB (25m pool): 01:19.85 TEMSE 30/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.87		01:19.85	
	00:35.87 00:43.98				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:15
Heat: 8/12 Lane : 1 Athlete: VERBERT KAAT					Q-time: 01:19:44
PB (25m pool): 01:19.44 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.44	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:15
Heat: 8/12 Lane : 3 Athlete: CANTRé EMILIE					Q-time: 01:19:05
PB (25m pool): 01:19.05 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.05	
	no time				
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:15
Heat: 8/12 Lane : 6 Athlete: MINNOYE YAANA					Q-time: 01:19:36
PB (25m pool): 01:19.36 Temse 21/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.26		01:19.36	
	00:36.26		00:43.10		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:15
Heat: 8/12 Lane : 7 Athlete: BOGAERT HANNE					Q-time: 01:19:41
PB (25m pool): 01:19.41 WAREGEM 27/09/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.41	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:15
Heat: 8/12 Lane : 8 Athlete: DE WEVER LAURA					Q-time: 01:19:50
PB (25m pool): 01:19.50 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.50	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 14:16
Heat: 9/12 Lane : 1 Athlete: DE SMAELE KENZA					Q-time: 01:18:13
PB (25m pool): 01:18.13 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.13	
	no time				
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 14:16
Heat: 9/12 Lane : 3 Athlete: DEGRANDE AN					Q-time: 01:17:10
PB (25m pool): 01:17.10 Temse 21/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.22		01:17.10	
	00:35.22		00:41.88		
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 14:16
Heat: 9/12 Lane : 8 Athlete: VAN GHELUE RINSKE					Q-time: 01:18:18
PB (25m pool): 01:18.18 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.18	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 14:20
Heat: 11/12 Lane : 3 Athlete: BEULENS LOTTE					Q-time: 01:12:11
PB (25m pool): 01:12.11 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.11	
	no time				
					

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:28	
Heat: 2/10 Lane : 1 Athlete: MARGUTTI MAURO							Q-time: 02:35:45	
PB (25m pool): 02:59.23 Sint-Amandsberg 19/10/2025							PB (50m pool): 02:35.45 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.38		01:27.72		02:14.72		02:59.23
	00:40.38		00:47.34		00:47.00		00:44.51	
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:28	
Heat: 2/10 Lane : 2 Athlete: GERRITSEN BRUNO							Q-time: 02:34:73	
PB (25m pool): 02:34.73 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:40.11 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.60		01:14.75		01:55.71		02:34.73
	00:34.60		00:40.15		00:40.96		00:39.02	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:28	
Heat: 2/10 Lane : 4 Athlete: TIMMERMANS THEO							Q-time: 02:31:50	
PB (25m pool): 02:33.18 Dendermonde. 22/11/2025				PB (50m pool): 02:31.50 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.59		01:13.40		no time		02:33.18
	00:34.59		00:38.81					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:3, starttime: 14:31	
Heat: 3/10 Lane : 6 Athlete: EL GHAZALI ADAM							Q-time: 02:26:45	
PB (25m pool): 02:26.45 TEMSE 23/11/2025				PB (50m pool): 02:30.75 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.56		01:10.01		01:48.61		02:26.45
	00:32.56		00:37.45		00:38.60		00:37.84	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:3, starttime: 14:31	
Heat: 3/10 Lane : 7 Athlete: MINNOYE TIEBE							Q-time: 02:27:42	
PB (25m pool): 02:30.93 Gent 23/02/2025				PB (50m pool): 02:27.42SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.86		01:12.85		01:52.43		02:30.93
	00:33.86		00:38.99		00:39.58		00:38.50	
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 29: 200M FREESTYLE MEN 13+							Heat:3, starttime: 14:31	
Heat: 3/10 Lane : 8 Athlete: STEVENS GERBEN							Q-time: 02:29:00	
PB (25m pool): 02:47.99 Gent 23/02/2025				PB (50m pool): 02:29.00SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.10		01:20.94		02:04.91		02:47.99
	00:38.10		00:42.84		00:43.97		00:43.08	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:4, starttime: 14:34	
Heat: 4/10 Lane : 1 Athlete: DE CHAMPS LOïc							Q-time: 02:24:90	
PB (25m pool): 02:24.90 Sint-Niklaas 28/12/2025				PB (50m pool): 02:25.35 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.81		01:09.93		no time		02:24.90
	00:32.81		00:37.12					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:5, starttime: 14:37	
Heat: 5/10 Lane : 1 Athlete: HOSTE LARS							Q-time: 02:20:22	
PB (25m pool): 02:20.22 TEMSE 23/11/2025				PB (50m pool): 02:22.67 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.16		01:08.84		01:44.89		02:20.22
	00:33.16		00:35.68		00:36.05		00:35.33	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:5, starttime: 14:37	
Heat: 5/10 Lane : 6 Athlete: UVYN MAXIM							Q-time: 02:19:82	
PB (25m pool): 02:22.98 TEMSE 23/11/2025				PB (50m pool): 02:19.82SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.87		01:08.49		01:47.06		02:22.98
	00:31.87		00:36.62		00:38.57		00:35.92	
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 29: 200M FREESTYLE MEN 13+							Heat:6, starttime: 14:39	
Heat: 6/10 Lane : 6 Athlete: VANNIEUWENHUYSE LOïc							Q-time: 02:14:79	
PB (25m pool): 02:14.79 Gent 23/02/2025				PB (50m pool): 02:16.19SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.70		01:05.09		01:40.34		02:14.79
	00:30.70		00:34.39		00:35.25		00:34.45	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:7, starttime: 14:42	
Heat: 7/10 Lane : 1 Athlete: SLOS ROBBIE							Q-time: 02:13:55	
PB (25m pool): 02:09.84 T Rosco 20/10/2024				PB (50m pool): 02:12.70 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.77		01:04.21		01:37.74		02:09.84
	00:30.77		00:33.44		00:33.53		00:32.10	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:7, starttime: 14:42	
Heat: 7/10 Lane : 3 Athlete: DE BIE DAAN							Q-time: 02:10:05	
PB (25m pool): 02:10.05 TEMSE 23/11/2025				PB (50m pool): 02:11.69SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.91		01:02.90		01:36.70		02:10.05
	00:29.91		00:32.99		00:33.80		00:33.35	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:7, starttime: 14:42	
Heat: 7/10 Lane : 7 Athlete: DEGRANDE LARS							Q-time: 02:12:19	
PB (25m pool): 02:12.19 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:15.51 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.96		01:03.75		01:38.45		02:12.19
	00:29.96		00:33.79		00:34.70		00:33.74	
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 29: 200M FREESTYLE MEN 13+							Heat:8, starttime: 14:45	
Heat: 8/10 Lane : 1 Athlete: LIEVENS TIEBE							Q-time: 02:07:71	
PB (25m pool): 02:07.83 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:07.71 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.06		01:01.53		01:35.19		02:07.83
	00:29.06		00:32.47		00:33.66		00:32.64	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:8, starttime: 14:45	
Heat: 8/10 Lane : 2 Athlete: VAN RAEMDONCK CAMU							Q-time: 02:06:76	
PB (25m pool): 02:06.76 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:09.36 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.76		01:01.87		01:35.04		02:06.76
	00:29.76		00:32.11		00:33.17		00:31.72	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:8, starttime: 14:45	
Heat: 8/10 Lane : 5 Athlete: VANCAYZEELE THIBAU							Q-time: 02:05:83	
PB (25m pool): 02:05.83 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:08.82 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.47		01:00.09		01:33.28		02:05.83
	00:28.47		00:31.62		00:33.19		00:32.55	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:8, starttime: 14:45	
Heat: 8/10 Lane : 7 Athlete: STEVENS JAAN							Q-time: 02:07:28	
PB (25m pool): 02:09.93 TEMSE 23/11/2025				PB (50m pool): 02:07.28 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.41		01:02.19		01:36.14		02:09.93
	00:29.41		00:32.78		00:33.95		00:33.79	
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 29: 200M FREESTYLE MEN 13+							Heat:9, starttime: 14:48	
Heat: 9/10 Lane : 5 Athlete: VAN TRICHT FINN							Q-time: 02:03:86	
PB (25m pool): 02:03.86 Gent 23/02/2025				PB (50m pool): 02:06.92 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.31		00:59.94		01:32.53		02:03.86
	00:28.31		00:31.63		00:32.59		00:31.33	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:9, starttime: 14:48	
Heat: 9/10 Lane : 8 Athlete: VERHEYDEN VINZ							Q-time: 02:05:17	
PB (25m pool): 02:05.17 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:08.13SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.41		01:00.06		01:33.03		02:05.17
	00:28.41		00:31.65		00:32.97		00:32.14	
								

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:2, starttime: 14:55
Heat: 2/5 Lane : 6 Athlete: VAN LOO HANNAH				Q-time: 01:23:80	
PB (25m pool): 01:28.06 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:23.80SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.14		01:28.06	
	00:40.14		00:47.92		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:3, starttime: 14:57
Heat: 3/5 Lane : 2 Athlete: VAN BRABANDT MILA				Q-time: 01:16:56	
PB (25m pool): 01:17.45 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:16.56SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.17		01:17.45	
	00:35.17		00:42.28		
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:3, starttime: 14:57
Heat: 3/5 Lane : 5 Athlete: NEIRINCK ANNELIES					Q-time: 01:15:84
PB (25m pool): 01:15.79 Nijlen 17/11/2024					PB (50m pool): 01:14.75 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.26		01:15.79	
	00:35.26		00:40.53		
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:1, starttime: 15:03
Heat: 1/3 Lane : 5 Athlete: DE KEIJSER STAF					Q-time: 01:51:30
PB (25m pool): no time					PB (50m pool): 01:51.30 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 15:05
Heat: 2/3 Lane : 1 Athlete: DE VEERMAN ILAN					Q-time: 01:48:68
PB (25m pool): no time					PB (50m pool): 01:48.68 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 15:05
Heat: 2/3 Lane : 2 Athlete: MILLET NOAH					Q-time: 01:46:50
PB (25m pool): no time					PB (50m pool): 01:46.50 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 15:05
Heat: 2/3 Lane : 3 Athlete: COESSENS KOBE					Q-time: 01:43:57
PB (25m pool): 01:43.57 Temse 31/05/2026			PB (50m pool): 01:47.03 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.62		01:43.57	
	00:49.62		00:53.95		
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 15:05
Heat: 2/3 Lane : 6 Athlete: DE KEIJSER RAF					Q-time: 01:45:70
PB (25m pool): no time			PB (50m pool): 01:45.70 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:3, starttime: 15:08
Heat: 3/3 Lane : 3 Athlete: DAEM JOPPE					Q-time: 01:36:25
PB (25m pool): 01:36.25 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:37.79 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.07		01:36.25	
	00:46.07		00:50.18		
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:3, starttime: 15:08
Heat: 3/3 Lane : 4 Athlete: MATAIGNE MICHEL					Q-time: 01:34:50
PB (25m pool): no time			PB (50m pool): 01:34.50 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:3, starttime: 15:08
Heat: 3/3 Lane : 5 Athlete: VEYS ARTHUR					Q-time: 01:36:07
PB (25m pool): 01:36.07 Temse 31/05/2026					PB (50m pool): 01:37.72 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.67		01:36.07	
	00:45.67		00:50.40		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 15:10
Heat: 1/12 Lane : 1 Athlete: DEPESTELE GITTE					Q-time: 01:42:55
PB (25m pool): 01:39.58 BEERNEM 19/09/2026					PB (50m pool): 01:42.55 SB: 01:39.58 BEERNEM 19/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.94		01:39.58	
	00:46.94		00:52.64		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 15:10
Heat: 1/12 Lane : 7 Athlete: BOON MARGOT					Q-time: 01:41:23
PB (25m pool): no time					PB (50m pool): 01:41.23 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:13
Heat: 2/12 Lane : 5 Athlete: HERREGODS INE					Q-time: 01:33:58
PB (25m pool): 01:33.58 Temse 21/12/2025					PB (50m pool): 01:35.90 SB: 01:34.63 BEERNEM 19/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.91		01:33.58	
	00:45.91		00:47.67		
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:16
Heat: 3/12 Lane : 2 Athlete: GERRITSEN VESPER					Q-time: 01:29:24
PB (25m pool): 01:28.37 Sint-Amandsberg 27/10/2024					PB (50m pool): 01:31.18 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.98		01:28.37	
	00:42.98		00:45.39		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:16
Heat: 3/12 Lane : 3 Athlete: BAELE NORAH					Q-time: 01:27:96
PB (25m pool): 01:40.56 Sinbad 05/10/2025					PB (50m pool): 01:27.96 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.38		01:40.56	
	00:48.38		00:52.18		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:16
Heat: 3/12 Lane : 5 Athlete: BRUNET MAXIME					Q-time: 01:27:91
PB (25m pool): 01:30.93 Temse 21/12/2025					PB (50m pool): 01:27.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.19		01:30.93	
	00:44.19		00:46.74		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:21
Heat: 5/12 Lane : 4 Athlete: SUY NORA					Q-time: 01:22:01
PB (25m pool): 01:22.01 Temse 31/05/2026					PB (50m pool): 01:23.73 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.73		01:22.01	
	00:40.73		00:41.28		
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:21
Heat: 5/12 Lane : 6 Athlete: VAN BRABANDT MILA					Q-time: 01:23:19
PB (25m pool): 01:27.06 Gent 23/02/2025			PB (50m pool): 01:23.19 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.64		01:27.06	
	00:41.64		00:45.42		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 15:21
Heat: 5/12 Lane : 8 Athlete: DE BIE LIZE					Q-time: 01:24:02
PB (25m pool): 01:25.03 Temse 17/11/2025			PB (50m pool): 01:24.02 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.72		01:25.03	
	00:41.72		00:43.31		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:26
Heat: 7/12 Lane : 4 Athlete: BOGAERT HANNE					Q-time: 01:16:04
PB (25m pool): 01:16.04 Temse 17/11/2025			PB (50m pool): 01:18.95 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.17		01:16.04	
	00:37.17		00:38.87		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:26
Heat: 7/12 Lane : 5 Athlete: MINNOYE YAANA					Q-time: 01:16:04
PB (25m pool): 01:15.90 Temse 22/12/2024			PB (50m pool): 01:19.79 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.88		01:15.90	
	00:36.88		00:39.02		
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:26
Heat: 7/12 Lane : 8 Athlete: VERBERT KAAT					Q-time: 01:18:05
PB (25m pool): 01:18.05 BEERNEM 19/09/2026			PB (50m pool): 01:18.05 SB: 01:18.05 BEERNEM 19/09/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.30		01:18.05	
	00:38.30		00:39.75		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:28
Heat: 8/12 Lane : 3 Athlete: STORME IEME					Q-time: 01:14:97
PB (25m pool): 01:14.97 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:16.47 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.74		01:14.97	
	00:36.74		00:38.23		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:30
Heat: 9/12 Lane : 1 Athlete: DEGRANDE AN					Q-time: 01:14:26
PB (25m pool): 01:14.26 Sint-Niklaas 11/01/2026			PB (50m pool): 01:18.06 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.05		01:14.26	
	00:36.05		00:38.21		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:30
Heat: 9/12 Lane : 2 Athlete: BEULENS LOTTE					Q-time: 01:14:17
PB (25m pool): 01:14.17 TEMSE 23/11/2025			PB (50m pool): 01:15.91 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.56		01:14.17	
	00:35.56		00:38.61		
					

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:30
Heat: 9/12 Lane : 7 Athlete: CANTRÉ EMILIE					Q-time: 01:14:21
PB (25m pool): 01:14.21 Gent 23/02/2025			PB (50m pool): 01:16.98 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.31		01:14.21	
	00:35.31		00:38.90		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 15:30
Heat: 9/12 Lane : 8 Athlete: STORME JADE					Q-time: 01:14:32
PB (25m pool): 01:14.32 TEMSE 23/11/2025			PB (50m pool): 01:18.20 SB: 01:15.57 BEERNEM 19/09/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.35		01:14.32	
	00:36.35		00:37.97		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 15:32
Heat: 10/12 Lane : 8 Athlete: NEIRINCK ANNELIES					Q-time: 01:13:85
PB (25m pool): 01:12.95 Temse 22/12/2024			PB (50m pool): 01:17.06 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.84		01:12.95	
	00:35.84		00:37.11		
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:2, starttime: 15:43	
Heat: 2/4 Lane : 1 Athlete: BECK STANN							Q-time: 02:55:80	
PB (25m pool): 03:03.48 TEMSE 23/11/2025			PB (50m pool): 02:55.80SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.87		01:29.90		02:17.78		03:03.48
	00:42.87		00:47.03		00:47.88		00:45.70	
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:4, starttime: 15:49	
Heat: 4/4 Lane : 1 Athlete: VAN RAEMDONCK CAMU							Q-time: 02:37:02	
PB (25m pool): 02:37.02 Sinbad 22/07/2025				PB (50m pool): 02:46.25 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.58		01:15.59		no time		02:37.02
	00:35.58		00:40.01					
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:4, starttime: 15:49	
Heat: 4/4 Lane : 2 Athlete: VERHEYDEN VINZ							Q-time: 02:33:04	
PB (25m pool): 02:33.04 TEMSE 23/11/2025				PB (50m pool): 02:41.14SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.95		01:13.15		01:53.27		02:33.04
	00:33.95		00:39.20		00:40.12		00:39.77	
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:4, starttime: 15:49	
Heat: 4/4 Lane : 3 Athlete: SLOS ROBBIE							Q-time: 02:29:67	
PB (25m pool): 02:29.67 Gent 09/11/2025				PB (50m pool): 02:37.55SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.41		01:12.24		01:50.74		02:29.67
	00:34.41		00:37.83		00:38.50		00:38.93	
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:4, starttime: 15:49	
Heat: 4/4 Lane : 7 Athlete: VAN TRICHT FINN							Q-time: 02:33:48	
PB (25m pool): 02:32.15 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 02:36.20 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.97		01:12.25		01:51.69		02:32.15
	00:33.97		00:38.28		00:39.44		00:40.46	
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 15:53	
Heat: 1/2 Lane : 3 Athlete: VAN LOO HANNAH							Q-time: 06:18:08	
PB (25m pool): 06:18.08 Temse 21/12/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:41.64		01:31.33		02:17.89		03:03.32
	00:41.64		00:49.69		00:46.56		00:45.43	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:59.00		04:54.58		05:36.80		06:18.08
	00:55.68		00:55.58		00:42.22		00:41.28	
								

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 15:53	
Heat: 1/2 Lane : 4 Athlete: VAN GHELUE RINSKE							Q-time: 05:56:89	
PB (25m pool): 05:56.89 Temse 21/12/2025				PB (50m pool): 06:00.15SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.72		01:27.87		02:13.80		02:56.71
	00:39.72		00:48.15		00:45.93		00:42.91	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:44.10		04:32.38		05:16.07		05:56.89
	00:47.39		00:48.28		00:43.69		00:40.82	
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:1, starttime: 16:07	
Heat: 1/11 Lane : 4 Athlete: MARGUTTI MAURO							Q-time: 00:32:41	
PB (25m pool): 00:32.41 Zottegem 01/03/2026							PB (50m pool): 00:32.41 SB: no time	
	2 5 M		5 0 M					
PB			00:32.41					
			00:32.41					
								

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 35: 50M FREESTYLE MEN 13+			Heat:2, starttime: 16:08
Heat: 2/11 Lane : 4 Athlete: GERRITSEN BRUNO			Q-time: 00:30:45
PB (25m pool): 00:30.45 Zottegem 01/03/2026			PB (50m pool): 00:30.52 SB: no time
	2 5 M	5 0 M	
PB		00:30.45	
		00:30.45	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:2, starttime: 16:08
Heat: 2/11 Lane : 6 Athlete: MINNOYE TIEBE			Q-time: 00:31:17
PB (25m pool): 00:31.17 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:31.46 SB: no time
	2 5 M	5 0 M	
PB		00:31.17	
		00:31.17	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:2, starttime: 16:08
Heat: 2/11 Lane : 8 Athlete: BECK STANN			Q-time: 00:32:19
PB (25m pool): 00:32.30 Zottegem 01/03/2026			PB (50m pool): 00:32.19 SB: no time
	2 5 M	5 0 M	
PB		00:32.30	
		00:32.30	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:3, starttime: 16:09
Heat: 3/11 Lane : 2 Athlete: DE CHAMPS LOÏC			Q-time: 00:30:19
PB (25m pool): 00:30.88 Dendermonde. 22/11/2025			PB (50m pool): 00:30.19 SB: no time
	2 5 M	5 0 M	
PB		00:30.88	
		00:30.88	
			

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 35: 50M FREESTYLE MEN 13+			Heat:5, starttime: 16:11
Heat: 5/11 Lane : 2 Athlete: VANNIEUWENHUYSE LOÏC			Q-time: 00:28:63
PB (25m pool): 00:28.77 Zottegem 01/03/2026			PB (50m pool): 00:28.63 SB: no time
	2 5 M	5 0 M	
PB		00:28.77	
		00:28.77	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:6, starttime: 16:12
Heat: 6/11 Lane : 4 Athlete: EL GHAZALI ADAM			Q-time: 00:27:72
PB (25m pool): 00:27.72 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:28.11 SB: no time
	2 5 M	5 0 M	
PB		00:27.72	
		00:27.72	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:6, starttime: 16:12
Heat: 6/11 Lane : 7 Athlete: DE BIE DAAN			Q-time: 00:28:19
PB (25m pool): 00:28.92 WAREGEM 27/09/2025			PB (50m pool): 00:28.19 SB: no time
	2 5 M	5 0 M	
PB		00:28.92	
		00:28.92	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:6, starttime: 16:12
Heat: 6/11 Lane : 8 Athlete: UVYN MAXIM			Q-time: 00:28:30
PB (25m pool): 00:28.30 Sportoase De Watermolen 21/07/2026			PB (50m pool): 00:29.84 SB: no time
	2 5 M	5 0 M	
PB		00:28.30	
		00:28.30	
			

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 35: 50M FREESTYLE MEN 13+			Heat:7, starttime: 16:13
Heat: 7/11 Lane : 4 Athlete: DEGRANDE LARS			Q-time: 00:27:24
PB (25m pool): 00:27.24 T Rosco 12/10/2025			PB (50m pool): 00:27.46 SB: no time
	2 5 M	5 0 M	
PB		00:27.24	
		00:27.24	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:8, starttime: 16:14
Heat: 8/11 Lane : 8 Athlete: LIEVENS TIEBE			Q-time: 00:27:21
PB (25m pool): 00:27.21 T Rosco 12/10/2025			PB (50m pool): 00:27.58 SB: no time
	2 5 M	5 0 M	
PB		00:27.21	
		00:27.21	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:10, starttime: 16:16
Heat: 10/11 Lane : 1 Athlete: VANCAYZEELE THIBAU			Q-time: 00:26:13
PB (25m pool): 00:26.13 T Rosco 12/10/2025			PB (50m pool): 00:26.39 SB: no time
	2 5 M	5 0 M	
PB		00:26.13	
		00:26.13	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:19
Heat: 2/5 Lane : 1 Athlete: RUTTEN LEONIE			Q-time: 00:44:94
PB (25m pool): 00:46.36 Nijlen 17/11/2024			PB (50m pool): 00:44.94 SB: no time
	2 5 M	5 0 M	
PB		00:46.36	
		00:46.36	
			

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:19
Heat: 2/5 Lane : 6 Athlete: NGABO ANNABELLE			Q-time: 00:43:60
PB (25m pool): 00:47.90 Sinbad 05/10/2025			PB (50m pool): 00:43.60 SB: no time
	2 5 M	5 0 M	
PB		00:47.90	
		00:47.90	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:19
Heat: 2/5 Lane : 8 Athlete: GERRITSEN VESPER			Q-time: 00:46:97
PB (25m pool): 00:43.58 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:44.09 SB: no time
	2 5 M	5 0 M	
PB		00:43.58	
		00:43.58	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:3, starttime: 16:20
Heat: 3/5 Lane : 8 Athlete: DE WEVER LAURA			Q-time: 00:41:11
PB (25m pool): 00:41.11 Sinbad 05/10/2025			PB (50m pool): 00:41.86 SB: no time
	2 5 M	5 0 M	
PB		00:41.11	
		00:41.11	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:4, starttime: 16:22
Heat: 4/5 Lane : 5 Athlete: DE SMAELE KENZA			Q-time: 00:37:01
PB (25m pool): 00:36.62 Sint-Amandsberg 27/10/2024			PB (50m pool): 00:37.01 SB: no time
	2 5 M	5 0 M	
PB		00:36.62	
		00:36.62	
			

Coach feedback:

PK KB OVL 26: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 37: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 16:37	
Heat: 2/2 Lane : 5 Athlete: TEAM FIRST 1							Q-time: 01:56:65	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 38: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 16:43	
Heat: 2/2 Lane : 2 Athlete: TEAM FIRST 1							Q-time: 02:14:34	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: